

## The Soul Market Clearing Ritual

**Purpose:** This ritual is meant to release old energies from items being passed on, so they may carry only fresh intentions and light as they move to their next keeper.

### Steps:

➤ **Prepare the Space**

Choose a calm place with good ventilation [near an open window or door]. Have your sage bundle [or palo santo, lavender, or cedar], a small fireproof bowl, and matches ready.

➤ **Set Your Intentions**

Hold the item in your hands [or place it in front of you]. Take a deep breath and silently say: “I clear away all energies of the past, leaving only light, love and new beginnings”

➤ **Light the Sage [or Herb Blend]**

Light the end until it smolders, then gently glow so it smokes. Hold it over the bowl to catch ash.

➤ **Smudge the Item**

Pass the item through the smoke slowly, circling it three times. Visualize any old energies dissolving into the air.

➤ **Seal with Gratitude**

Thank the item for its journey so far and bless it for the one ahead. Say: “You are cleansed, you are pure, you are ready for your new keeper.”

### Optional Add-Ons

- ❖ Place a clear quartz or selenite beside the item during the ritual
- ❖ Ring a bell or chime once to “seal” the clearing
- ❖ For extra potency, perform under a new moon for fresh beginnings